

Troy Community Center

3179 Livernois: Control Desk - 248.526.2655

Residents, business employees and non-residents are eligible to purchase a Recreation Pass at the Troy Community Center. The facility includes three fitness rooms, an indoor aquatic center, two court gymnasium, three locker rooms, dance and aerobic studios, a child care room, and vending area. Daily, monthly and annual passes are available for purchase.

Recreation Pass Information

Passes can be purchased at the Recreation Control Desk.

Recreation Pass – Allows unlimited use of the recreation areas (pool, gymnasium, fitness room, locker rooms) during “open use” times. Special discounts are available to low income or permanently disabled residents. Contact the Community Center front desk for more information.

Matinee Recreation Pass – Access to the recreation areas is limited to Monday-Friday from 8 am to 3 pm.

Single Month Pass – Valid for one month from the date of purchase.

Daily Pass – Provides access for the day the pass is sold. Group rates exist for 20 or more patrons.

Punch Cards – The punch cards consist of 10 daily passes and are priced at discount from the normal daily rates.

Admittance Policy

- When purchasing any type of recreation pass for the first time, patrons must complete an application, have proof of residency or employment in Troy in order to receive a discount and picture I.D. A parent or guardian must sign for persons 18 or younger except if purchasing a daily pass.
- Non-residents must present a picture I.D. or be sponsored by a valid pass holder to purchase a daily pass.
- The recreation pass can be purchased with an annual payment or through a monthly EFT payment plan (4 months due at enrollment) associated with a checking account or credit card (Visa or MasterCard).
- The “open use” recreation times will be posted quarterly.
- Children under 10 must be accompanied and supervised by an individual 16 or older in all areas of the Community Center. If using the pool, the guardian must be dressed to get in the water with children under 10.
- Children under 3 are admitted free with a paying adult.
- The minimum age to use the fitness room is 13. A fitness room orientation is required for this age and can be scheduled at the Recreation Control Desk (248.526.2655).

Pass Promotions and Discounts

Special discounts on the recreation pass are available to low income or permanently disabled residents. Contact the Community Center Front Desk for more information.

- Family Night** at the Community Center- see page 66 for details.
- Senior Fridays** – On Friday mornings, resident seniors (60+)

can purchase a daily pass for \$3 at select times: Pool (8-10 am) and fitness room and gym (8-11:30 am).

- Autumn (Sept 22)** – Let’s start the season off with day passes for only \$4.
- Halloween (October 31)** – Children 12 and under who are dressed in costume are free with a paid visit or current member.
- Day after Thanksgiving (November 27)** – After shopping, bring your family and friends to the Community Center for \$5 each.

Recreation Pass Fees

Pass Type	Resident	Non-Resident Employee	Non-Resident
Recreation Pass - Adult	\$18/month \$216/year	\$22/month \$264/year	\$28/month \$336/year
Recreation Pass -Youth (ages 3-17)	\$9/month \$108/year	\$11/month \$132/year	\$14/month \$168/year
Recreation Pass - Senior (age 60 and older)	\$16.25/month \$192/year	N/A	N/A
Matinee Pass (M-F, 8 am-3 pm)	\$13.75/month \$165/year	\$16.50/month \$198/year	\$21/month \$252/year
Corporate Pass (10 pass minimum)		\$2,640/year	
Single Month Pass	\$33	\$44	\$50
Daily Pass - Child under 3	Free	Free	Free
Daily Pass - Youth (3-12)	\$5	\$8	\$10
Gym Pass (Troy HS students) see gym schedule	\$3	N/A	N/A
Daily Pass -Adult (13 and older)	\$7	\$8	\$10
Group (20 or more)	\$5	\$5	\$5
Youth Punch Card (3-12 yrs)	\$30	\$70	\$80
Adult Punch Card (13 and older)	\$50	\$70	\$80



Family
Nights:
page 66.

For more information about the Community Center and Recreation Passes visit our website at:

www.troymi.gov/parksrec

Fall Recreation Schedule (Sept 8 - Jan 1, 2010*)

Day/Activity	Adult Volleyball	Badminton	Basketball	High School Open Basketball	Pass Holder Recreation	Pickleball
Monday	8-10:25 pm	6-9 am	11:30 am-10:30 pm	2:30-5:30 pm	6-10:30 am 1:30-4 pm	
Tuesday		8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-8:45 pm 2-4 pm	
Wednesday	8-10:25 pm	6-9 am	6-9:30 am 11:30 am-4 pm	2:30-5:30 pm	2-4 pm 6-10:30 pm	7-8:30 pm
Thursday		8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-10:30 am 2-4 pm 6-8:30 pm	
Friday	8-10:25 pm	Senior Drop In 6-9 am		2:30-5:30 pm	1:30-4 pm	10:30 am- 12:30 pm
Saturday			8 am-6:30 pm		6:30-9 pm	
Sunday		3-5:55 pm	9 am-6 pm		9-11 am	50+ drop-in 6-8 pm/\$5

*Schedule is tentative as some activities may be cancelled or times altered due to other functions/activities.



Fitness Room

During the summer the fitness room added new rubber flooring to the circuit room, replaced several treadmills and exercise bikes, and installed seven new strength machines. The rooms now contain 58 pieces of cardiovascular equipment, weight training machines, and free weights including bench press stations, squat racks, and dumbbells up to 100 lbs. Commercial free music is provided and 11 televisions are available for use with a personal radio and headphones.

Personal Trainers

Whatever fitness goals you seek, this program will get you there! Our personal training staff can design a program precisely to meet your needs of losing weight, gaining muscle, managing your diet, improving endurance, and monitoring your workout. Custom group programs for teens are also available. All trainers are nationally certified and dedicated to the promotion of a healthy lifestyle. Call or stop by today to find out more. Day and evening appointments are available. Call 248.526.2657 to schedule yours today!

Massage Therapy

Are you stressed, injured, or an athlete in training? Or, do you just need to pamper yourself? The Troy Community Center is now offering Massage Therapy, an alternative way to treat your body. Pam Heichel, certified massage therapist, performs therapeutic massage, both Swedish and sports techniques can be used. She is also trained in Oncology massage. To schedule an appointment, visit the Recreation Control Desk or call 248.526.2655.

Fitness Room Hours of Operation

Monday-Friday: 5:30 am - 10:30 pm
Saturday: 8 am - 9 pm
Sunday: 9 am - 6 pm

Holiday Hours

August 25-September 1: Closed for annual maintenance (TFAC available for members during this time)
November 26 (Thursday): Community Center Closed
November 27 (Friday): Fitness Room: 8 am-6 pm, Lap Swim and Therapy Pool: 8-10 am, Leisure Pool: 10 am-5 pm, Kids Korner-Closed

The Teen Scene – Grades 6-12: Free

Troy teens and their guests can play billiards, foosball, shuffleboard, air hockey, and video games (Nintendo Game Cube) and watch movies or TV on the BIG SCREEN TV. Advance registration is required. Forms are available at the Administrative Desk and online at: www.troymi.gov

School Year Hours:

Monday-Thursday: 2:30-9 pm; Friday: 2:30-9 pm and
Saturday: 9 am-4 pm

Kids Korner Childcare Service

Friendly staff provides childcare for your child(ren) while you take a class or workout in the facility. Kids Korner is located directly next to the workout area for your convenience. There is a separate charge for this service. Morning and evening hours are available. **Admission:** Punch cards are issued after payment, and are good for 10 one-hour visits; fees must be paid in advance.

# of kids	Passholder	Non Passholder	One Time Visit Rate
1	\$35	\$45	\$4.50/hr
2	\$55	\$65	\$6.50/hr
each additional child	\$20	\$20	N/A
3	N/A	N/A	\$8/hr